





Skip the trip to the waiting room. With Teladoc Health you can talk with a doctor within an hour by phone or app from wherever you are.

## Know your care options:



#### **General Medical**

For non-emergency conditions like the flu, allergies, infections, and much more. Our doctors can also prescribe medicine if necessary.



### Family doctor

For annual exams and ongoing medical conditions needing regular monitoring.



### Urgent care/ER

For severe conditions like chest pain, sprains, cuts, burns, or broken bones.



# Feel better when you need to for free

Visit Teladoc.com/guidestone Call 1-800-TELADOC (835-2362) ▮ Download the app **★** | **♣** 

Due to COVID-19, some employers have elected to waive member cost sharing. To obtain information about your cost sharing, please contact Highmark member service at the telephone number on the back of your ID Card.© Teladoc Health, Inc. 2 Manhattanville Rd. Ste 203, Purchase, NY 10577. All rights reserved. The marks and logos of Teladoc Health and Teladoc Health wholly owned subsidiaries are trademarks of Teladoc Health, Inc. All programs and services are subject to applicable terms and conditions.

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